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**Counseling with Couples and Families**  
Supplement to Professional Disclosure Statement

This document is designed as a supplement to my Professional Disclosure Statement,  
and is not complete unless accompanied by that document.

Thank you for choosing me as your counselor. This document is designed to inform you about my policy regarding confidentiality and court and legal issues when I am providing treatment services to a couple or family.

First, regarding confidentiality and couples, note that the exceptions already described in my Professional Disclosure Statement remain in effect. But with couples I have some additional exceptions. You must be willing to share with your partner anything you tell me when your partner is not present. Examples include if you are having an affair, have a drug problem, a gambling problem, or something else that directly affects your partner and your relationship. This is because I will not participate in deception of any kind – and what constitutes deception varies depending on the couple, and will be up to my own clinical judgment.

Secondly, regarding court and legal issues, when I work with couples or families, I require that they agree not to involve me in any legal proceedings, including but not limited to divorce and custody issues. By signing this document, you are agreeing to this stipulation.

By signing this document, you indicate that you have read, understood, and agreed to the information included in this document, and that any questions you have in regards to this form have been answered to your satisfaction.

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Counselor

\_\_\_\_\_  
Date